

# MONTHLY NEWS

## SUMMER 2024



COMMUNITY LIVING  
Port Colborne - Wainfleet

*"A Community Where Everyone Belongs"*

## Inspiration...

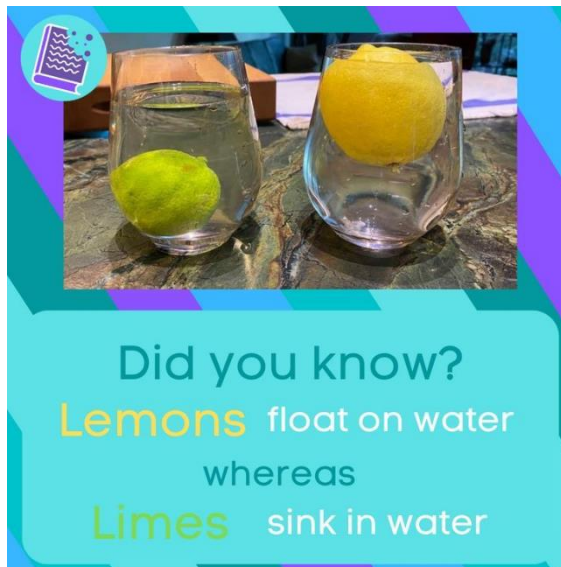
"Keep your face always toward the sunshine, and shadows will fall behind you." ~ *Walt Whitman*

# Minute Mystery



I am an odd number. Take away a letter and I become even.  
What number am I?  
(Keep scrolling for the answer)

## DID YOU KNOW?

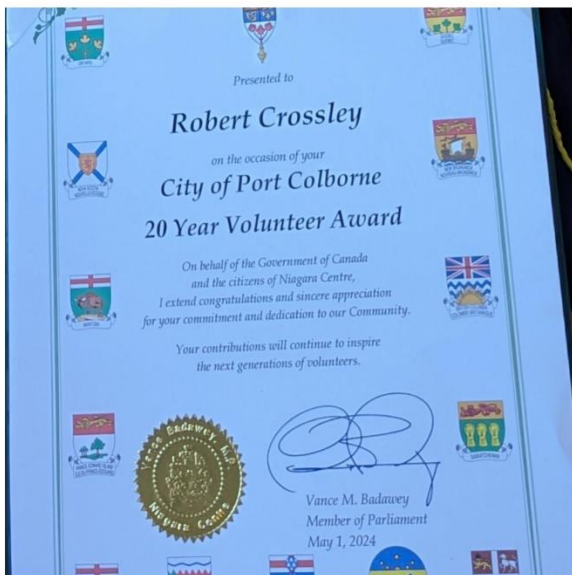


Lemons and Limes are alike in many ways, but if you put both of them on a pool of water, the lime will sink but the lemon will float. This is because a lime is slightly denser than a lemon, and lemons are closer in density to water, which makes them float.

# In the Spotlight

On May 1<sup>st</sup>, Bob Crossley was presented with a 20 Year Volunteer Award for his commitment and dedication to the Port Colborne community.

Congratulations Bob!



Photos Shared by Kathleen Fenech and Helen Rogers-McCabe

## IN THE NEWS

May is Community Living Month!  
On May 6<sup>th</sup>, the day began with a Flag Raising Ceremony  
at Port Colborne City Hall with Mayor Bill Steele presiding, along with  
Joanna Mataya, CEO and many of the person's supported and staff in attendance.



Photos Shared by Susan

## Celebration time!!

The day continued with a Barbeque held at the Centre at 100 McRae where staff and residents were all invited. Thank you to all who helped bring it all together. A special Thanks to Tyler for grilling and to Bobbie and her friend Rhonda for the beautiful cupcakes!

They were Delicious!!! 🥰



Photos Shared by Maria & Susan

# THANK YOU!

The Pie Guys held a Fundraiser during Community Living Month in May and have generously donated \$801.64 from the sales of their delicious cookies in support of our Children's Program. Their contribution means a lot to us and to the community we serve.



Pictured from left to right, Brennon, Cindy, Rob, Shelly and Sara.



Photo shared by Cindy Chadwick

## In the Spotlight

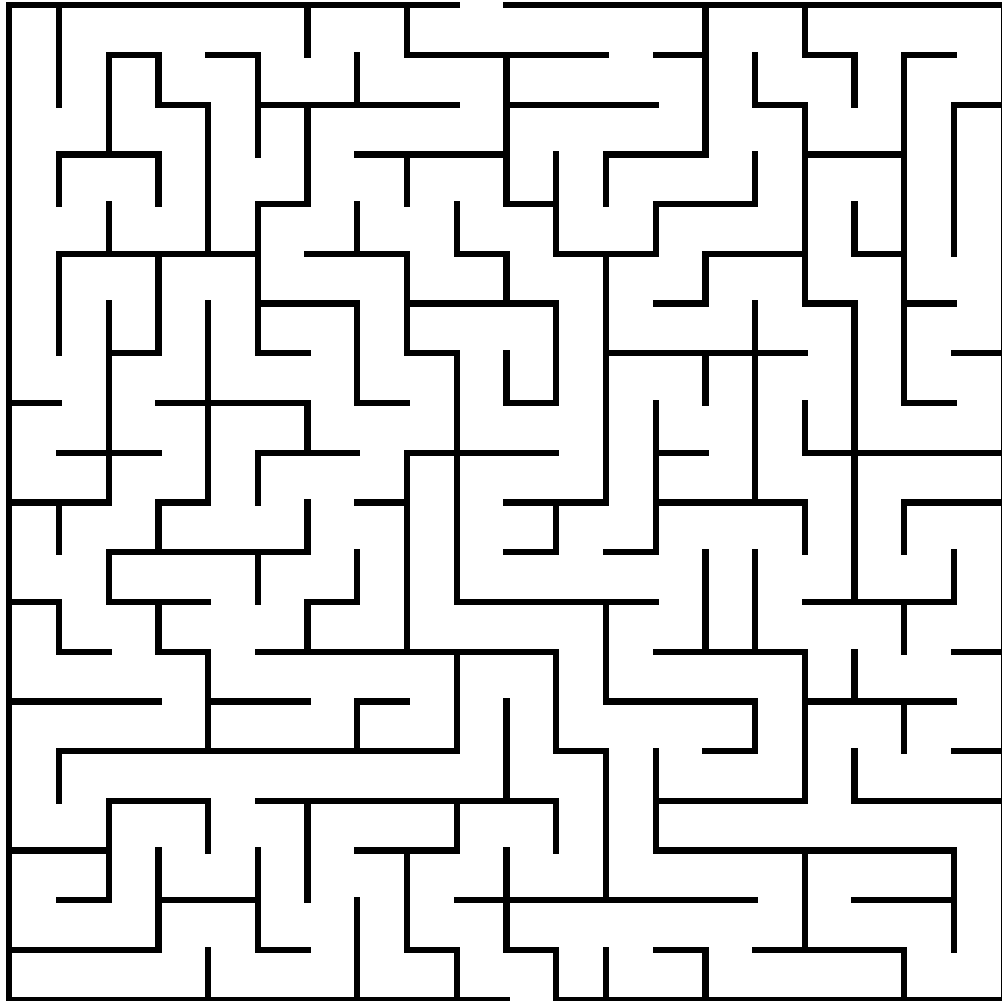
On May 6<sup>th</sup>, the Momentum Choir held their concert  
*'Make your Own Kind of Music'*  
with Artistic Director, Mendelt Hoekstra, it was truly their night to Shine!  
Theresa Gunn performed an outstanding solo performance!  
Well Done Theresa!!



Photo Shared by Kathleen Fenech

# PUZZLE MAZE

**How fast can you get through the maze?  
Time yourself and compare with friends!**





## Always a Good time at Wrestling!!!



Willie, Ben and Shaun with Kongo Kong, Beea and Del Bruno

Photos Shared by Susan

## In the Spotlight

You know Spring has arrived when it's Tulip picking time!!  
Bernard, Braden and Shawn had lots to choose from at the  
Tulip Pick Farm in Ridgeville



Photos Shared by Rebecca Crawford

# The Beatle Band

Saturday May 11<sup>th</sup>  
Roselawn Theater

It was a very entertaining evening!!!  
Nicole, Gaetan, Sandra, Joyce, Steven, Theresa, Gord and Denise had an awesome time  
singing and dancing to some Beatles tunes!!



Photos Shared by Susan

**FAREWELL!**



**ENJOY YOUR**

**RETIREMENT**

**Congratulations**

to Rita Smith and Cynthia Koudijs on a standout career, and best wishes on their Retirement! We wish them the very best, and we hope they enjoy every moment of this next phase of their lives...

A Lovely celebration was held with a luncheon at the Centre and a get together at Moe's.  
Thank you to Helen for organizing and selecting such Beautiful Gifts!



*You will be missed !!!*

Rita's Legacy of her dedication to CLPCW and all of the people she has supported over the years will continue on...



The Rita Smith 'Empowerment Award' has been established at both Lakeshore Catholic High School and the Port Colborne High School to be awarded to a student annually, upon Graduation, who has demonstrated positive community involvement.

The soon to be renovated, formerly called the Youth Rec Zone will now be known as the...

**Rita Smith**  
Entertainment Centre

*Congratulations Rita !!*



# CONGRATULATIONS!



Abbi Fralick



**2024  
RITA SMITH  
EMPOWERMENT AWARD**

A Huge Congratulations to the First Recipient of the Rita Smith Empowerment Award , Abbi Fralick, graduate of Port Colborne High School.

Abbi will be enrolling in the PSW course through the DSNB Lifetime Learning Centre and then continuing her studies in the RPN Program at Niagara College.

We wish Abbi the best of Luck for a Bright Future ahead!

## In the Spotlight

Denis has joined the Wood Working class at Heartland Forest and comes home with a cool new project every week! He is very much enjoying it and as you can see, he is quite good at what he does!! Great work Denis!!



Photos Shared by DJ Holmes



This Victoria Day Barb-q was a BIG hit!!!  
Thank you to the Fielden staff for organizing!!



Photos Shared by DJ Holmes

# HAPPY 70<sup>TH</sup> BIRTHDAY!!

On May 24<sup>th</sup> everyone gathered to Celebrate Brenda Coxon's Birthday!!!  
Happy, Happy Birthday Brenda!!!



Photos Shared by Tia Bagnulo

## In the Spotlight

### *A Day in the Life of The Sheba Ladies*

Ann, enjoying the beautiful scenery in British Columbia,  
Jodi and Kathy dancing to some Mendelt tunes and  
Ann working on her puzzle while her cat is snuggled beside her.



Photos Shared by Tia Bagnulo

# In the Spotlight

NEO Wrestling - June 9<sup>th</sup>, 2024  
Stephen's face says it all!!  
What FUN!!!

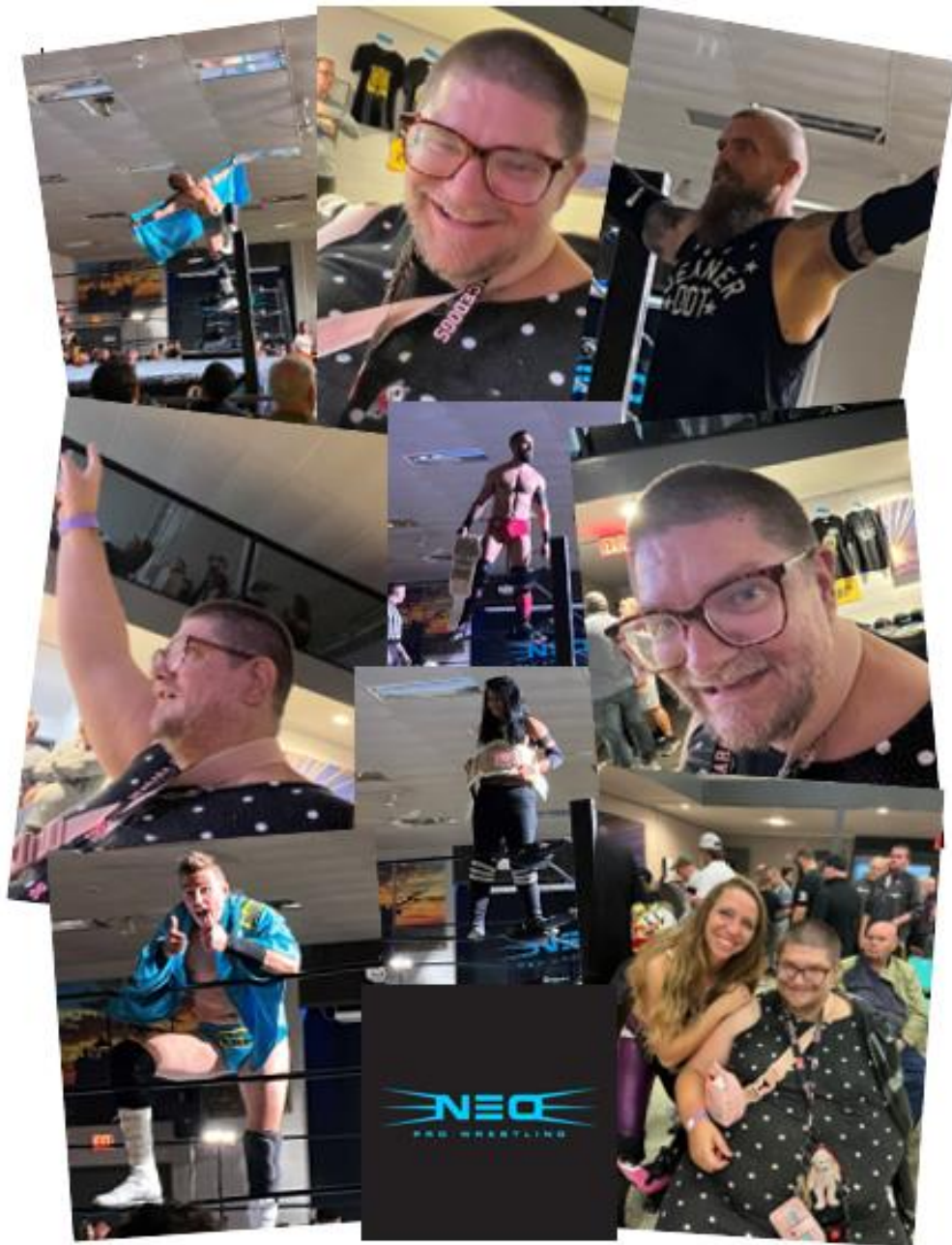


Photo collage shared by DJ Holmes

# Some Humour

To the guy who invented zero, thanks for nothing

I had a crazy dream last night! I was swimming in an ocean of orange soda. Turns out it was just a Fanta sea.

Why was Dumbo sad? He felt irrelephant.

I'm reading a book about anti-gravity. It's impossible to put down!

A man sued an airline company after it lost his luggage. Sadly, he lost his case.

I lost my mood ring and I don't know how to feel about it!

German sausage jokes are just the wurst!

Yesterday, I accidentally swallowed some food coloring. The doctor says I'm okay, but I feel like I've dyed a little inside.

So, what if I don't know what apocalypse means? It's not the end of the world!

Becoming a vegetarian is one big missed steak.

My ex-wife still misses me. But her aim is starting to improve!

The past, the present, and the future walk into a bar. It was tense!

I asked a Frenchman if he played video games. He said Wii !



# SUMMER FUN !

The Fun never ends...Ben, Sienna, Steven, Shaun and Connor enjoyed many activities, from a Jackfish game to wrestling, an outing at Zoo's, a Niagara River Lions game where Steven shared the elevator with the Niagara River Lions Mascot! and wait...is that DJ getting in on the fun too?



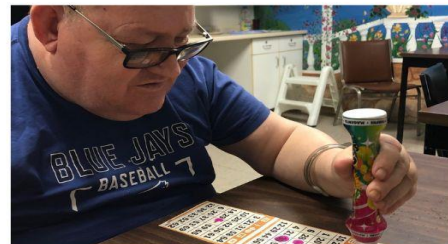
Photos shared by Stasia, Shannon and Bobbie

# WITHOUT BORDERS

So many Adventures...Last Chance Horse Rescue, Humane Society, Fun and Crafts at the Centre, Safari Niagara, Picnic in Crystal Beach and a Bass Pro Visit! How Fun!!

## SUMMER 2024

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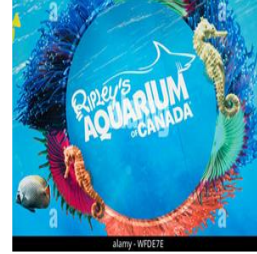


# The Adventures Continue....



Photos Shared by Shannon and Cathy





Everyone had an awesome  
time at the  
Ripley's Aquarium  
followed by a Blue Jays  
game on  
July 25<sup>th</sup>!!



Photos shared by Bobbie

**THERAPY TAILS VISITED THE  
FOLKS AT FIELDEN WHERE THEY  
ALL ENJOYED SOME PUPPY  
LOVE !!!**



PHOTO SHARED BY HELEN



**THERESA & GORD**



## COMMUNITY LIVING PORT COLBORNE ~ WAINFLEET SUMMER 'FUN'DRAISER

Was held on July 30<sup>th</sup> with proceeds going towards our Children and Youth Programs.

It was a **HOT, HOT** day so I am certain that the 'Dunks' were appreciated!!! 😊  
Thank you to **Joanna, Shannon and Larry** for being such great sports and to **Tyler**,  
who didn't mind getting wet, while fully dressed!!

We would also like to thank NG Water Haulage for providing the water, Niagara  
Inflatables for the Dunk Tank and Chef Paul for the delicious food!

Thank you to all of those who came out in support of our kids and youth!!

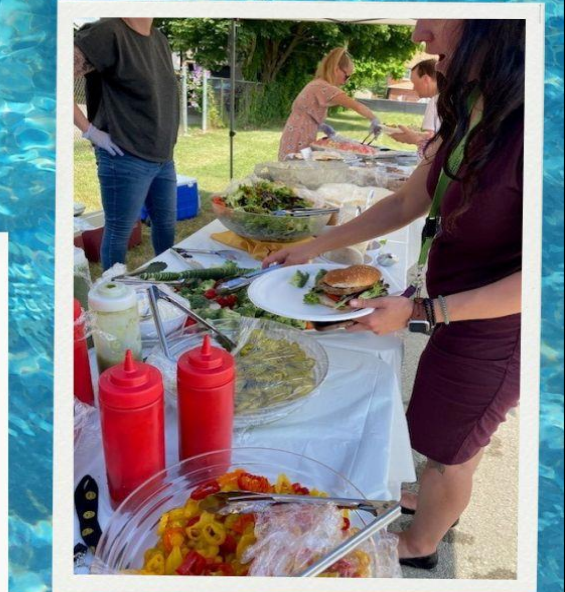


**\$800 was raised and will be donated to the Children and Youth Program**

Candice couldn't wait to dunk Tyler, more than once I might add !!

Photos shared by Tia





Photos shared by Maria

Happy 70<sup>th</sup> Birthday Donna



Birthday Girl

# EXCITING NEWS !!



We are pleased to announce that  
Community Living Port Colborne~Wainfleet (CLPCW)  
has been awarded the Ontario Trillium Foundation (OTF) Capital Grant  
in the amount of \$148,700.00

CLPCW will use these funds to purchase an Accessible Wheelchair Van  
to provide safe transportation for persons with disabilities that will allow  
them to participate in society more fully and completely.

We are extremely grateful to the Ontario Trillium Foundation and the  
Government of Ontario for recognizing the importance of accessible  
transportation in our community.



*Silver in colour with versatile seating options in addition to 2 wheelchair securements*



## RECIPE IDEA

I was fortunate to have had the opportunity to travel to Barcelona, Spain this past Spring, and one of the staples on every restaurant menu was Pan Con Tomate (TomatoBread). I only had to try it once, and I had it every day thereafter!! 😊

You must try it!! Only fresh, ripe tomatoes will do!

### Pan Con Tomate (Spanish Tomato Bread)



A perfect use of ripe summer tomatoes! Pan con Tomate (Spanish Tomato Bread) is an easy Catalan tapa, made with just 5 ingredients: bread, tomatoes, garlic, salt, and a drizzle of olive oil. Use hearty artisan bread and cut it thick so that it can serve as a good, sturdy base for your grated tomatoes.

#### Ingredients:

1 loaf ciabatta bread, or similar hearty bread  
3 tomatoes, large and very ripe tomatoes are best  
Extra virgin olive oil  
1 to 2 garlic cloves, sliced in half  
Sea salt, or kosher salt

#### Instructions:

Slice the bread loaf in half length-wise then in 2-inch slices. Brush the bread generously with extra virgin olive oil and arrange on a sheet pan. Toast in a heated oven about 6 inches from the broiler for 3 minutes or until the bread is lightly golden brown.

Slice a small part at the very tip of the tomatoes and grate the tomatoes over the large holes of a box grater. Discard the peels. Season the tomato puree with salt.

When the bread is ready, rub the garlic cloves over the hot bread, then spread the grated tomatoes over the bread, sprinkle a bit of sea salt and drizzle a little olive oil over it and serve.

#### TIP

After toasting the bread and rubbing the garlic. Cut your ripe tomato in half and rub over the slices, (no need to grate) squeezing the juice from the tomato onto the bread as well, sprinkle with the sea salt and a drizzle of oil and enjoy!

Shared by Susan



# Meet Kitty!!



**Tim is over the moon with his new addition!!!**

Photo shared by Kylie Bell

# WITHOUT BORDERS



Photos Shared by Shannon

# PASSPORT CALENDAR OF EVENTS

## SEPTEMBER 2024 -PASSPORT

5TH  
Fonthill Bandshell  
Spencer Mackenzie  
Blues/rock  
7pm  
Free event -support &  
Mileage only

7TH  
Millennial Wrestling  
Holy Trinity Church  
Welland  
7pm Bell  
\$25 + Staff Expenses

11TH  
Movies @ Seaway  
Cinemas 7pm  
\$15 + Staff Expenses

13TH  
Bingo @ Golden Nugget  
Fort Erie  
\$20 out of pocket for  
game & snacks + staff  
expenses  
1pm

18TH  
Kevin Caruso & Mdme  
Houdini @ Fallsview  
Casino 3pm Show  
\$52.50 + Staff  
Expenses

21ST  
Elvis & Johnny Cash  
Tribute Show  
Club Bevedere  
Thorold 6pm  
\$25 + Staff Expenses

24TH  
Lunch & Shopping @  
Pen Centre  
11am-2pm  
Spending \$ for lunch  
and shopping +  
Staff expenses

27TH  
Walk Right Back  
Everly Bros. Tribute  
@ First Ontario PAC  
7:30pm  
\$65 + Staff Expenses

29TH  
Wheel of Fortune  
Live @ Fallsview  
Casino  
(Full From Flyer)



CONTACT [BBROUGHTON@CLPCW.COM](mailto:BBROUGHTON@CLPCW.COM) TO REGISTER BY AUGUST 14TH, 2024

\*\*STAFF EXPENSES = ADMISSION FEES, WAGES AND TRANSPORTATION. COST VARIES DEPENDING ON GROUP SIZE



*People Helping*  
*People **ACHIEVE***

## **2024-2025 MEETING DATES**

Meetings are held on the 4th thursday of the month at the Guild Hall from  
5pm - 7pm  
Dinner will be served

Thursday September 26, 2024

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Thursday October 24, 2024

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Thursday November 28, 2024

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**December - No Meeting**

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Thursday January 23, 2025

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Thursday February 27, 2025

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Thursday March 27, 2025

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Thursday April 24, 2025

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Thursday May 22, 2025

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Thursday June 26, 2025

If you consider yourself a person of achievement, then come  
out and celebrate with us.

**Everyone is welcome!**

For more information, please contact us at (905) 835-8941 extension 175.



## IN MEMORIAM



HONOURING THE LIFE OF

*Dianne Vigneault*

• 1947- 2024 •

Dianne Vigneault passed away peacefully on Thursday July 4, 2024, at the age of 76. Dianne is survived by her sisters Joan and her husband Norman Jackson, Rachel and her husband Richard Koostra, Dorothy (the late Jim) Lytle and Betsy (the late Tommy) Goodall; her nieces Cheryl and her husband Robert Cleave, and Sherri Jackson (Dave Croteu); her nephew Mark Jackson (Marisa Herrington) and all of their families. She will be lovingly remembered by her nieces, nephews, great nieces, great nephews, and all of her Community Living family and friends.

The family expresses great love and gratitude to Dianne's great nieces and great nephews Joanne Jackson, Kathleen Cleave, Norman Cleave, and Cody Link for their love and time spent with their great Aunt Dianne. Dianne's smile, laughter and genuine love of life will be missed by all who meet her. Her happy-go-lucky attitude was an inspiration to all. At her request cremation has taken place and a private family memorial service will be held in the Davidson Funeral Home. Memorial remembrances to the Alzheimer's Society or the charity of one's choice would be appreciated by the family.

### **Celebration of Life**

**will be held on Friday, September 6<sup>th</sup> in the Conference room at 100 McRae Ave.  
Everyone is welcome to stop by anytime between 12pm and 4pm**



# **CHRISTMAS BAZAAR & CRAFT SHOW**

**COMMUNITY LIVING**  
Port Colborne-Wainfleet

**SATURDAY NOVEMBER 23, 2024**

**10:00 AM – 3:00 PM**

**COMMUNITY LIVING GYMNASIUM**

**100 McRAE AVENUE, PORT COLBORNE**

An exciting one day shopping event of handcrafted, homemade, home baked, one of a kind treasures made by local talent.

Penny Sale & Refreshments table

**All proceeds benefit CLPCW's  
CHILDREN & YOUTH PROGRAMS**

[WWW.REALLYCREATIVESITE.COM](http://WWW.REALLYCREATIVESITE.COM)



Thank you to all who contributed to the  
Spring/Summer edition of the CLPCW News

Please continue to forward me all of your great  
stories and photos that you wish to include in the  
Fall/Winter issue of the News



Please submit to [sdecicco@clpcw.com](mailto:sdecicco@clpcw.com)

by

Thursday, January 9, 2025

Thank you!

